



Book Summary

Senior Dog Comfort & Care

Chapter 1: Don't Go Changing

Recognizing changes in health and behavior, looking out for signs of pain, lumps & bumps, mobility, vision, hearing, mental acuity, eating habits, and more

Chapter 2: Movin' n' Groovin'

Safely and proactively keeping their dog physically and mentally active

Chapter 3: Food, Weight & Tummy Troubles

Age-related appetite changes, insights into diet, feeding frequency, ergonomic considerations (e.g., raised bowls), and more

Chapter 4: Prevention & Early Detection

Spotting things early, taking video/pictures to show their veterinary team, the importance of establishing baselines, supplements, and more

Chapters 5 & 6 : Common Health Conditions & Dental Care

Pain, diabetes, hypothyroidism, heart disease, arthritis, dental disease, and more

Chapters 7 & 8: Behavioral Health & Potty Problems

Mental enrichment, fun activities, how to manage a range of possible behavioral challenges, and potty/incontinence challenges

Chapters 9 & 10: Old Dog, New Tricks & Quality of Life

Easy and fun 'age-appropriate' training tips for enrichment and bonding, adding a new dog to the family, household tips, and guidance on assessing pain and QoL

Chapter 11: Extra Tips: Journey to the Rainbow Bridge

How to know when to say goodbye, compassionate euthanasia, dealing with grief, and more