



Book Summary

Dog Behavior & Training

Chapter 1: What Your Dog Needs From You

Patience, consistent cues, importance of force-free training, the power of your voice, when to use their name, learn their signals, avoiding bites, whale eye, stress, and more

Chapter 2: Introductions & Explorations

Meeting children and other dogs, house rules, leaving them alone, socialization and new experiences, puppy classes, daycare, dog parks, how to de-stress vet visits

Chapter 3: What To Get (And NOT Get) For Training

NEED: collar, leash, training treats, crate, safe chew toys, stain/odor remover

CONSIDER: high-value treats, clicker, harness, calming pheromones and supplements

AVOID: choke chains, pinch & shock collars, retractable leash

Chapter 4: Crate Expectations

Dogs often LOVE their crate, where to put it, what to put (not put) in it, crate safety, how much time dogs can spend in the crate based on their age

Chapter 5: Potty Training

Pitfalls of free-feeding, choose a potty word and spot, using pee pads, and more

Chapters 6 & 7: Basic Training & Cooperative Care

Never too old, important skills for safety, go to place, furniture rules, check-ins, hand signals, safe space, cleaning (teeth, paws, ears), slow feeding, and more

Chapter 8: It's All Fun & Games

Learning fetch, exercise (mental and physical), having a job, swimming, and more

Chapter 9: Phobias, Anxieties & Other Training Challenges

Chewing, separation anxiety, barking, knocking & doorbells, jumping, resource guarding