



Book Summary

Cat Health & Safety

Chapter 1: What & How To Feed Your Cat

Why cats need animal protein, canned vs kibble, proper bowls, portion control, water, treats, people food warnings

Chapter 2: Doing Litter Boxes Right

Importance of litter box size, sides, how many are necessary, location, litter and box choices, scooping frequency, reading clumps, eliminating outside the box

Chapter 3: Overall Health & Wellness

Mental enrichment, meeting behavioral needs, scratching, nail care, handling & husbandry care, less cat carrier stress, oral health, importance of flea/tick/heartworm preventatives, weight management, sunscreen, hairballs, and more

Chapter 4: Cat-Proofing & Keeping Kitty Safe

Safe spaces, leaving your cat alone, microchipping, lesser known risks and dangers, hazards & toxicities, high-rise syndrome, holding kittens, storing medications, and more

Chapter 5: What To Watch Out For

Straining to pee (emergency!), hunger strikes, taking vital signs, video odd behavior, first-aid kits, inducing vomiting (talk to veterinarian first!), don't play doctor, kitty colds, acetaminophen (danger!), anemia, signs of ATE, FAB, and UO, cat-bite abscesses, lily and other toxicities

Chapter 6: Extra Tips: Preparing for Emergencies

Closest ER location, financial planning, pet insurance, and more