



Book Summary

Senior Cat Comfort & Care

Chapter 1: Ch...Ch...Ch...Changes

Recognizing changes in behavior and health, looking out for signs of pain, lumps & bumps, mobility, vision, hearing, mental acuity, eating habits, litter box clues, and more

Chapter 2: Emotional Well-Being

Not wanting to be alone, calming supplements, how to reduce stress

Chapter 3: Food, Weight & Tummy Troubles

Age-related appetite changes, insights into diet, feeding frequency, ergonomic considerations (e.g., raised bowls), hydration, and more

Chapters 4 & 5: Oral Health, Prevention & Early Detection

Dental disease, bad breath, brushing, cleaning (under sedation), keeping a video and photo journal, frequency of wellness visits and testing, carrier stress reduction techniques, and more

Chapters 6 & 7: Health Conditions & Supportive Care At Home

Pain, arthritis, kidneys, diabetes, high blood pressure, thyroid, IBS, heart disease, prescription diets, at-home injections and sub-q fluids

Chapters 8 & 9: Behavioral Health & Playtime With Your Predator

Mental and emotional well-being, enrichment tips, games, puzzles, kitty dementia, excessive vocalizing, noise anxiety, toys for self-play, prey sequence play, and more

Chapter 10: Litter Box Challenges – Senior Edition

Incontinence, changing type of litter box, eliminating outside the box, constipation

Chapters 11 & 12: Upgrade Their Place & Quality of Life

Access to resources, ramps, heated beds, how to assess pain and QoL, and more

Chapter 13: Extra Tips: Journey to the Rainbow Bridge

Knowing when to say goodbye, compassionate euthanasia, dealing with grief, and more