

Cat Diabetes Meal and Insulin Log

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Weekly Weigh-in
MORNING								
Time & Amount of Food Given: cup(s) or grams								Week 1:
How Much Food Eaten: cup(s) or grams								Week 2:
Insulin: Time, Units given, Location (e.g., right hip)								Week 3:
Thirst Level*: Normal (N); Increased (I); Decreased (D) *Adult cat should drink 3.5–4.5 ounces per 5 lbs, e.g., 10lb cat should drink 7–8oz = 1 cup								Week 4:
Urination: Normal (N); Increased (I); Decreased (D)								Week 5
Activity Level: Normal (N); Increased (I); Decreased (D)								Week 6:
Blood Glucose Level (if taken)								Week 7:
Urine Glucose, Ketone Levels, & Time (if taken)								Week 8:
NOTES: Any Snacks? General notes about activity, etc.								

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
EVENING								
Time & Amount of Food Given: cup(s) or grams								
How Much Food Eaten: cup(s) or grams								
Insulin: Time, Units given, Location (e.g., right hip)								
Thirst Level*: Normal (N); Increased (I); Decreased (D) *Adult cat should drink 3.5–4.5 ounces per 5 lbs, e.g., 10lb cat should drink 7–8oz = 1 cup								
Urination: Normal (N); Increased (I); Decreased (D)								
Activity Level: Normal (N); Increased (I); Decreased (D)								
Blood Glucose Level (if taken)								
Urine Glucose, Ketone Levels, & Time (if taken)								
NOTES: Any Snacks? General notes about activity, etc.								